

Wall Ball Rules

SINGLES (can also play elimination in groups of 4):

- The game starts with the first person in line serving the ball by hitting it overhand allowing it to bounce once before it hits the wall.
- After the serve, players can hit using 1 or 2 hands with an open or closed fist.
- Each player takes turns hitting the ball on the ground once on the way to the wall and no more than once after coming off the wall (one hit, one bounce).
- The person who wins the rally, stays on the court and becomes the server.
- All other players wait in order of their turn behind the backline.
- For safety reasons, never turn your back to the front wall!

You are OUT if:

1. The ball hits the ground twice before the opposite player has a chance to hit it.
2. When a player hits the ball and it does not reach the wall.
3. If a player hits the ball into the wall before bouncing it on the ground.
4. If the ball goes over the sideline or backline (person who hit it must get it).
5. If the ball hits the sidewall before it hits the front wall.
6. If a player kicks the ball.
7. If a player rotates into the court out of turn.

TERMS:

“DECENT” or “BETTERS”: The serving player must start with a “friendly serve. If the receiving player is unable to get to it, or decides it is unreasonably served, he/she may call “decent” or “betters” and it is a do over or replay.

“BABIES” or “IMPOSSIBLES”: Small hits that still hit the ground once.

“CRACKS” OR “POCKETS”: If at any time a player hits the ball into the crack where the wall and ground meet, it is a do over or replay.

“BODYBLOCK”: If a ball is legally hit and the player is unable to get out of the way, but the receiving player could not get to the ball, it’s obstruction and a do over or replay.

You are NOT allowed to do:

“RAINBOWS”, UNDERDOGGIES or “TUNNELS”: When a player ducks under the ball before or after it hits the wall.

“CHICKEN FEET”: Hits a player’s feet.

“MAGIC”: Faking like your going to hit the ball.

“POPCORNS” or “BACKSTOPS”: Dribbling the ball in the air or ground.

“BULLETS”: A direct hit against the wall that doesn’t bounce first.

“HOLDIES”: Throwing or catching the ball instead of hitting it.